



## FEBRUARY - JUNE 2025 TIMETABLE

DATE	TIME	CLASS	INSTRUCTOR
<b>FEBRUARY</b>			
Monday 3/2	10:30am - 11:30am	Yoga	Lezley
Monday 10/2	10:30am - 11:15am 11:30am - 12:15pm	Zumba Seated Zumba	Kellie
Monday 17/2	10:30am - 11:30am	Yoga	Lezley
Monday 24/2	10:30am - 11:15am 11:30am - 12:15pm	Zumba Seated Zumba	Kellie
<b>MARCH</b>			
Monday 3/3	10:30am - 11:30am	Yoga	Lezley
Monday 10/3	10:30am - 11:15am 11:30am - 12:15pm	Zumba Seated Zumba	Kellie
Monday 17/3	10:30am - 11:30am	Yoga	Lezley
Monday 24/3	10:30am - 11:15am 11:30am - 12:15pm	Zumba Seated Zumba	Kellie
Monday 31/3	10:30am - 11:30am	Yoga	Lezley
<b>APRIL</b>			
Monday 7/4	10:30am - 11:15am 11:30am - 12:15pm	Zumba Seated Zumba	Kellie
Monday 14/4	10:30am - 11:30am	Yoga	Lezley
Monday 21/4	<b>Easter Monday</b>	No Class	
Monday 28/4	10:30am - 11:15am 11:30am - 12:15pm	Zumba Seated Zumba	Kellie



# FEBRUARY - JUNE 2025 TIMETABLE

DATE	TIME	CLASS	INSTRUCTOR
<b>MAY</b>			
Monday 5/5	<b>Labour Day</b>	No Class	
Monday 12/5	<b>10:30am - 11:30am</b>	Yoga	<b>Lezley</b>
Monday 19/5	<b>10:30am - 11:15am</b> <b>11:30am - 12:15pm</b>	Zumba Seated Zumba	<b>Kellie</b>
Monday 26/5	<b>10:30am-11:30am</b>	Yoga	<b>Lezley</b>
<b>JUNE</b>			
Monday 2/6	<b>10:30am - 11:15am</b> <b>11:30am - 12:15pm</b>	Zumba Seated Zumba	<b>Kellie</b>
Monday 9/6	<b>10:30am - 11:30am</b>	Yoga	<b>Lezley</b>
Monday 16/6	<b>10:30am - 11:15am</b> <b>11:30am - 12:15pm</b>	Zumba Seated Zumba	<b>Kellie</b>
Monday 23/6	<b>10:30am - 11:30am</b>	Yoga	<b>Lezley</b>
Monday 30/6	<b>10:30am - 11:15am</b> <b>11:30am - 12:15pm</b>	Zumba Seated Zumba	<b>Kellie</b>



Bookings essential  
[thesandssocial.com.au/sfit](https://thesandssocial.com.au/sfit)

Bookings can be made up to 2 weeks in advance